**LIFEGUARD**

1. ur Address City, State , Zip Code (xxx)-xxx-xxxx your@email.com

Dedicated Lifeguard with 7+ years of experience maintaining a safe and secure swimming environment for all patrons. Adept at enforcing best surveillance practices of all swimming and recreational areas, and ensuring compliance with regulatory and safety standards.

## Professional Experience

COMMUNITY POOL SERVICE, Boston, MA

*Lifeguard, September 2015–Present*

* Oversee 100+ swimmers daily, identifying emergencies, delivering support, and ensuring compliance with all safety policies and procedures
* Utilize medical supplies and equipment to examine injured persons and administer first aid/cardiopulmonary resuscitation
* Maintain quality of pool water by testing chemical levels
* Warn recreational participants of inclement weather, unsafe areas, and non-permitted conduct
* Work with a regular team of 5-10 lifeguards to ensure the safety of patrons (max daily occupancy: 3,000 guests)
* Conduct swimming lessons 2-3 times per week to a class of 20+ swimmers

CURLEY SWIMMING BATHS, Charleston, SC

*Lifeguard, May 2012–August 2015*

* Implemented effective policies and procedures for safe and secure management of 700 sq. ft. pool with an average of 150-200 visitors at a time
* Delivered exceptional customer service to 200+ pool patrons daily
* Ensured 100% safety and security of guests, leveraging expertise in first aid, physical fitness, and quick life-saving decisions
* Employed a variety of rescue techniques and equipment whenever necessary
* Instructed swimming and water-related safety courses 2 times per month

## Education

COASTLINE COMMUNITY COLLEGE, Costa Mesa, CA

*Bachelor of Science in Physical Therapy, April 2012*

* *Captain of the team*
* *Awarded 5 Medals for intra-league Olympics*
* *Certifications: First Aid, CPR, AED Certified | Certified Lifeguard, American Red Cross*

## Additional Skills

* Expert in Microsoft Office (Word, Excel, and PowerPoint)
* Bilingual in Spanish and English

Dear Job Seeker,

If you’re struggling to write your resume, **don’t worry.** You’re in good company – everyone has difficulties making a resume. For a high quality resume that will land you employment, we recommend [consulting the certified experts at Resume Writer Direct](https://resumewriterdirect.com/?utm_source=Word_Doc&utm_medium=RWD_Link&utm_campaign=RG_Downloads).

Or, here’s some other content that might help you finish your resume.

* [Free Resume Builder](https://resumegenius.com/?utm_source=Word_Doc&utm_medium=Resume_Builder_Link&utm_campaign=RG_Downloads)
* [How to Write a Resume](https://resumegenius.com/how-to-write-a-resume?utm_source=Word_Doc&utm_medium=How_to_Write_Resume_Link&utm_campaign=RG_Downloads)
* [Resume Samples by Industry](https://resumegenius.com/resume-samples?utm_source=Word_Doc&utm_medium=Resume_Samples_Link&utm_campaign=RG_Downloads)

Oh, and by the way, **you’re also going to need a cover letter.**

* [Cover Letter Builder](https://resumegenius.com/cover-letter-builder?utm_source=Word_Doc&utm_medium=Cover_Letter_Builder_Link&utm_campaign=RG_Downloads)
* [How to Write a Cover Letter](https://resumegenius.com/cover-letters-the-how-to-guide?utm_source=Word_Doc&utm_medium=Cover_Letter_Guide_Link&utm_campaign=RG_Downloads)
* [Cover Letter Examples by Industry](https://resumegenius.com/cover-letter-examples?utm_source=Word_Doc&utm_medium=Cover_Letter_Examples_Link&utm_campaign=RG_Downloads)